

Title of Presentation:

Salter Harris Type III Fracture of Medial Femoral Condyle and Associated Complete Anterior Cruciate Ligament Tear in an Adolescent Athlete a Case Report and Review of the Literature.

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Learning Objectives (After attending this session, the attendee should be able to):

- Identify complexity and options when dealing with a young immature athlete with a medial femoral condylar fracture and ACL injury.

ABSTRACT:

The adolescent athletic population is growing in numbers. With the increase in participation patients are sustaining increased knee injuries. This case report details a patient with a Salter Harris type III medial femoral condylar fracture with concomitant anterior cruciate tear. It will describe a conservative treatment of his medial femoral condyle fracture, and operative reconstruction of his anterior cruciate ligament along with follow up to return to play football. This paper also details a review of the literature concerning different treatment options for patients with this injury pattern.

