

## **Title of Presentation:**

*Proximal and Distal Hamstring Avulsion Injuries in Sports*

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### **Learning Objectives (After attending this session, the attendee should be able to):**

- understand the injury mechanisms, natural history, treatment recommendations and surgical results of repair of major hamstring avulsion injuries in sports.

### **ABSTRACT:**

This paper is a 20-25 minute Current Concepts talk on major HS injuries that has been presented as both a podium symposium at the AOSSM Specialty Day Meeting 2008 and an ICL at the AOSSM Annual Meeting in Orlando. It is a comprehensive review of major HS avulsions including epidemiology, injury mechanisms, treatment and treatment results with 2 year f/u. Complete review of the related literature is included. Data from my surgical practice is presented including 17 distal semitendinosus avulsion cases and 20 proximal HS complete avulsion cases.

